

JANUARY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL
7 Chicken Fajita w/lettuce & cheese refried beans fresh grapes or chilled applesauce	8 Baked Potato w/beef & cheese sauce rolls, green beans or raw carrots w/ranch fresh pears or chilled applesauce	9 Burritos peas or carrots pretzels fresh oranges or chilled pears	10 K-5 Shrimp Poppers 6-12 Cooks Choice muffins mixed veggies or beets fresh apple slices or chilled peaches	11 Little Caesars Pizza Low fat cottage cheese side salad fresh pineapple or chilled mixed fruit
14 NO SCHOOL	15 Sloppy Joe on whole wheat bun corn or Brussel sprouts pickle spear fresh apples or chilled tropical fruit	16 Cheeseburger Sliders corn or butter beans fresh cantaloupe or chilled mandarin oranges	17 Beefy Mac n Cheese green beans or stewed tomatoes muffins fresh apple slices or chilled peaches	18 Little Caesars Pizza Low fat cottage cheese side salad fresh pear or chilled pineapple
21 Taco Salad peanut butter & jelly sandwich fresh bananas or chilled applesauce	22 Nachos w/meat & cheese sauce refried beans muffins fresh mixed fruit or chilled tropical fruit	23 Chicken Sandwich on whole wheat bun green beans or yams fresh pears or chilled pineapple	24 Biscuits w/sausage gravy hashbrowns fresh oranges or chilled peaches	25 Little Caesars Pizza Low fat cottage cheese side salad fresh apples or chilled mixed fruit
28 Spaghetti w/meat sauce green beans or beets Bosco stick bananas or applesauce	29 Crispitos corn or spinach fresh apples or chilled peaches	30 Fiestada Peas or Brussel sprouts fresh oranges or chilled pineapple	31 Chicken Quesadilla baked beans or carrots fresh cantaloupe or chilled mixed fruit	All meals are served with 1% white milk and fat-free chocolate milk. Salads are available Monday-Thursday.

NORTH ADAMS-JEROME PUBLIC SCHOOLS

Free breakfast is available daily. Menu is subject to change. USDA is an equal opportunity provider and employer.