

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>NO SCHOOL LABOR DAY</p>	<p>4</p> <p>Chicken Drumsticks stuffing cooked carrots fresh apple slices or chilled peaches</p>	<p>5</p> <p>Crispitos green beans or California Blend fresh strawberries or chilled applesauce</p>	<p>6</p> <p>Chicken Sandwich on a whole wheat bun baked beans or corn fresh cantaloupe or chilled pears</p>	<p>7</p> <p>Little Caesars Pizza lowfat cottage cheese side salad fresh pears or chilled pineapple</p>
<p>10</p> <p>Spaghetti w/meat sauce Bosco sticks green beans bananas or applesauce</p>	<p>11</p> <p>Nachos w/meat & cheese sauce refried beans muffins fresh grapes or chilled mixed fruit</p>	<p>12</p> <p>Mashed Potatoes w/chicken gravy green beans or beets buttered rolls fresh apples or chilled pears</p>	<p>13</p> <p>Hamburger or Cheeseburger on whole wheat bun corn or stewed tomatoes chips fresh cantaloupe or chilled peaches</p>	<p>14</p> <p>Little Caesars Pizza lowfat cottage cheese side salad fresh pineapple or chilled tropical fruit</p>
<p>17</p> <p>Grilled Cheese w/chili & crackers carrots w/ranch bananas or applesauce</p>	<p>18</p> <p>Tacos w/lettuce & cheese cup refried beans fresh cantaloupe & honeydew or chilled pears</p>	<p>19</p> <p>Hotdog or Chili Dog on whole wheat bun potato salad or macaroni salad fresh grapes or chilled peaches</p>	<p>20</p> <p>Goulash peas or carrots Bosco sticks fresh oranges or chilled cinnamon apples</p>	<p>21</p> <p>Little Caesars Pizza lowfat cottage cheese side salad fresh pears or chilled mixed fruit</p>
<p>24</p> <p>NO SCHOOL FAIR DAY</p>	<p>25</p> <p>Augratin Potatoes w/ham Bosco sticks peas or cooked cabbage fresh apples or chilled pineapple</p>	<p>26</p> <p>Sausage Gravy over biscuits hashbrowns cheese sticks fresh oranges or chilled mixed fruit</p>	<p>27</p> <p>Baked Potato w/chili & cheese raw carrots w/ranch buttered rolls fresh apple slices or chilled applesauce</p>	<p>28</p> <p>Little Caesars Pizza lowfat cottage cheese side salad fresh pears or chilled mandarin oranges</p>
		<p>All meals are served with 1% white milk and fat-free chocolate milk. Salads are available Monday-Thursday.</p>		

NORTH ADAMS-JEROME PUBLIC SCHOOLS

Free breakfast is available daily. Menu is subject to change. USDA is an equal opportunity provider and employer.